

2005 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arizona(Including Charter Schools) High School Survey Trend Analysis Report

Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Total										
Injury and Violence										
Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet							88.2	87.3	No	
Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else							13.9	13.9	No	
Percentage of students who rode in a car or other vehicle driven by someone who had been drinking alcohol one or more times during the past 30 days							36.2	34.3	No	
Percentage of students who drove a car or other vehicle when they had been drinking alcohol one or more times during the past 30 days							14.9	12.4	No	
Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days							18.4	20.6	No	
Percentage of students who carried a gun on one or more of the past 30 days							5.0	6.9	Yes	
Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days							5.8	7.4	No	
Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school on one or more of the past 30 days							5.5	7.3	No	

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Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Total										
Injury and Violence										
Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months							9.7	10.7	No	
Percentage of students who had property, such as their car, clothing, or books stolen or deliberately damaged on school property one or more times during the past 12 months							30.1	29.2	No	
Percentage of students who were in a physical fight one or more times during the past 12 months							32.4	32.4	No	
Percentage of students who were in a physical fight on school property one or more times during the past 12 months							11.4	11.7	No	
Percentage of students who were hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months							8.5	10.5	No	
Percentage of students who have ever been physically forced to have sexual intercourse when they did not want to							8.0	10.9	Yes	
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months							31.3	34.3	Yes	
Percentage of students who seriously considered attempting suicide during the past 12 months							18.5	20.7	No	

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Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Total										
Injury and Violence										
Percentage of students who made a plan about how they would attempt suicide during the past 12 months							13.1	16.1	Yes	
Percentage of students who actually attempted suicide one or more times during the past 12 months							8.7	11.6	Yes	
Percentage of students whose suicide attempt resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse during the past 12 months							2.9	3.1	No	

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Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Total										
Tobacco Use										
Percentage of students who ever tried cigarette smoking, even one or two puffs							60.9	58.2	No	
Percentage of students who smoked a whole cigarette for the first time before age 13 years							19.2	16.3	Yes	
Percentage of students who smoked cigarettes on one or more of the past 30 days							23.3	21.4	No	
Percentage of students who smoked cigarettes on 20 or more of the past 30 days							9.2	7.5	No	
Among students who are current smokers, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days							7.4	10.1	No	
Among students who are less than 18 years of age and who are current smokers, the percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days							13.9	11.4	No	
Percentage of students who smoked cigarettes on school property on one or more of the past 30 days							6.4	4.7	No	
Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days							12.9	12.7	No	
Among students who are current smokers, the percentage who tried to quit smoking during the past 12 months							53.6	51.1	No	

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Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Total Tobacco Use										

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Arizona(Including Charter Schools) High School Survey Trend Analysis Report

Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Total										
Alcohol and Other Drug Use										
Percentage of students who had their first drink of alcohol other than a few sips before age 13 years							30.4	26.7	Yes	
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days							51.8	47.1	No	
Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days							34.8	30.8	No	
Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days							7.1	7.5	No	
Percentage of students who used marijuana one or more times during their life							47.7	42.0	Yes	
Percentage of students who tried marijuana for the first time before age 13 years							12.9	12.6	No	
Percentage of students who used marijuana one or more times during the past 30 days							25.6	20.0	Yes	
Percentage of students who used marijuana on school property one or more times during the past 30 days							6.5	5.1	Yes	
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life							15.1	15.1	No	

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Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Total										
Alcohol and Other Drug Use										
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during the past 30 days							7.1	6.1	No	
Percentage of students who used heroin one or more times during their life							3.3	4.3	No	
Percentage of students who used methamphetamines one or more times during their life							10.6	8.8	No	
Percentage of students who used ecstasy one or more times during their life							9.6	7.1	Yes	
Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life							5.2	5.6	No	
Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life							2.5	3.8	Yes	
Percentage of students who were offered, sold, or given an illegal drug on school property by someone during the past 12 months							28.6	38.7	Yes	

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Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Total										
Sexual Behaviors										
Percentage of students who ever had sexual intercourse							46.1	42.8	No	
Percentage of students who had sexual intercourse for the first time before age 13 years							5.1	5.7	No	
Percentage of students who had sexual intercourse with four or more people during their life							13.0	13.5	No	
Percentage of students who had sexual intercourse with one or more people during the past three months							33.2	30.2	No	
Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse							31.3	23.4	Yes	
Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse							56.7	55.1	No	
Among students who had sexual intercourse during the past three months, the percentage who used birth control pills to prevent pregnancy before last sexual intercourse							17.3	15.3	No	
Percentage of students who had ever been taught in school about AIDS or HIV infection							80.8	79.8	No	

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Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Total										
Weight Management and Dietary Behaviors										
Percentage of students who were at risk for becoming overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)*							13.8	13.6	No	
Percentage of students who were overweight (i.e., at or above the 95th percentile for body mass index, by age and sex)*							11.2	11.9	No	
Percentage of students who described themselves as slightly or very overweight							32.0	32.0	No	
Percentage of students who were trying to lose weight							48.0	45.9	No	
Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days							62.4	60.7	No	
Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days							43.4	39.3	Yes	
Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days							13.0	14.5	No	
Percentage of students who took diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days							10.1	7.9	Yes	

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Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Total										
Weight Management and Dietary Behaviors										
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days							6.0	6.6	No	
Percentage of students who drank 100% fruit juices one or more times during the past seven days							80.2	75.0	Yes	
Percentage of students who ate fruit one or more times during the past seven days							87.3	84.1	Yes	
Percentage of students who ate green salad one or more times during the past seven days							70.7	63.3	Yes	
Percentage of students who ate potatoes one or more times during the past seven days							67.3	64.8	No	
Percentage of students who ate carrots one or more times during the past seven days							48.9	47.9	No	
Percentage of students who ate other vegetables one or more times during the past seven days							83.5	79.9	Yes	
Percentage of students who ate five or more servings per day of fruits and vegetables during the past seven days							20.9	15.2	Yes	

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Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Total										
Physical Activity										
Percentage of students who exercised or participated in physical activity that made them sweat and breathe hard for 20 minutes or more on three or more of the past seven days							65.2	62.5	No	
Percentage of students who participated in physical activity that did not make them sweat or breathe hard for 30 minutes or more on five or more of the past seven days							28.4	28.1	No	
Percentage of students who had not participated in at least 20 minutes of vigorous physical activity on three or more of the past seven days and had not participated in at least 30 minutes of moderate physical activity on five or more of the past seven days							29.5	33.1	No	
Percentage of students who had not participated in any vigorous or moderate physical activity during the past seven days							8.6	8.7	No	
Percentage of students who watched three or more hours per day of TV on an average school day							36.9	32.8	No	
Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school							36.5	42.9	No	
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school							22.2	26.2	No	

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Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Total										
Physical Activity										
Among students enrolled in physical education (PE) class, the percentage who actually exercised or played sports more than 20 minutes during an average PE class							88.4	84.4	No	
Percentage of students who played on one or more sports teams during the past 12 months							49.8	47.1	No	

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Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Females										
Injury and Violence										
Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet							88.3	85.2	No	
Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else							10.5	11.2	No	
Percentage of students who rode in a car or other vehicle driven by someone who had been drinking alcohol one or more times during the past 30 days							37.3	34.9	No	
Percentage of students who drove a car or other vehicle when they had been drinking alcohol one or more times during the past 30 days							12.1	10.5	No	
Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days							8.7	10.8	No	
Percentage of students who carried a gun on one or more of the past 30 days							2.0	2.6	No	
Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days							3.0	3.8	No	
Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school on one or more of the past 30 days							5.5	7.9	No	

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Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Females										
Injury and Violence										
Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months							6.1	6.8	No	
Percentage of students who had property, such as their car, clothing, or books stolen or deliberately damaged on school property one or more times during the past 12 months							27.7	26.8	No	
Percentage of students who were in a physical fight one or more times during the past 12 months							25.2	23.3	No	
Percentage of students who were in a physical fight on school property one or more times during the past 12 months							7.1	7.0	No	
Percentage of students who were hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months							8.3	10.8	No	
Percentage of students who have ever been physically forced to have sexual intercourse when they did not want to							11.3	14.2	No	
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months							40.4	43.7	No	
Percentage of students who seriously considered attempting suicide during the past 12 months							24.0	25.4	No	

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Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Females										
Injury and Violence										
Percentage of students who made a plan about how they would attempt suicide during the past 12 months							15.9	19.5	No	
Percentage of students who actually attempted suicide one or more times during the past 12 months							12.1	13.9	No	
Percentage of students whose suicide attempt resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse during the past 12 months							4.0	3.3	No	

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Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Females										
Tobacco Use										
Percentage of students who ever tried cigarette smoking, even one or two puffs							58.7	60.4	No	
Percentage of students who smoked a whole cigarette for the first time before age 13 years							17.1	13.8	No	
Percentage of students who smoked cigarettes on one or more of the past 30 days							23.9	21.1	No	
Percentage of students who smoked cigarettes on 20 or more of the past 30 days							9.0	7.0	No	
Among students who are current smokers, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days							5.2	5.0	No	
Among students who are less than 18 years of age and who are current smokers, the percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days							9.5	7.9	No	
Percentage of students who smoked cigarettes on school property on one or more of the past 30 days							5.2	4.6	No	
Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days							12.5	12.6	No	
Among students who are current smokers, the percentage who tried to quit smoking during the past 12 months							56.3	54.3	No	

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Trend Analysis Report

Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Females										
Tobacco Use										

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Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Females										
Alcohol and Other Drug Use										
Percentage of students who had their first drink of alcohol other than a few sips before age 13 years							26.4	23.8	No	
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days							51.6	48.3	No	
Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days							32.7	30.0	No	
Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days							4.7	6.0	No	
Percentage of students who used marijuana one or more times during their life							44.8	41.9	No	
Percentage of students who tried marijuana for the first time before age 13 years							9.8	10.6	No	
Percentage of students who used marijuana one or more times during the past 30 days							24.1	18.6	Yes	
Percentage of students who used marijuana on school property one or more times during the past 30 days							4.4	3.2	No	
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life							15.5	14.5	No	

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Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Females										
Alcohol and Other Drug Use										
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during the past 30 days							7.4	4.4	Yes	
Percentage of students who used heroin one or more times during their life							2.5	3.1	No	
Percentage of students who used methamphetamines one or more times during their life							11.4	8.8	No	
Percentage of students who used ecstasy one or more times during their life							9.3	6.0	Yes	
Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life							4.9	4.6	No	
Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life							2.0	2.7	No	
Percentage of students who were offered, sold, or given an illegal drug on school property by someone during the past 12 months							25.6	37.4	Yes	

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Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Females										
Sexual Behaviors										
Percentage of students who ever had sexual intercourse							44.5	42.8	No	
Percentage of students who had sexual intercourse for the first time before age 13 years							3.0	3.6	No	
Percentage of students who had sexual intercourse with four or more people during their life							11.7	10.5	No	
Percentage of students who had sexual intercourse with one or more people during the past three months							33.6	32.9	No	
Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse							28.7	15.9	Yes	
Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse							49.2	51.6	No	
Among students who had sexual intercourse during the past three months, the percentage who used birth control pills to prevent pregnancy before last sexual intercourse							21.3	17.5	No	
Percentage of students who had ever been taught in school about AIDS or HIV infection							80.1	80.5	No	

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Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Females										
Weight Management and Dietary Behaviors										
Percentage of students who were at risk for becoming overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)*							13.9	11.8	No	
Percentage of students who were overweight (i.e., at or above the 95th percentile for body mass index, by age and sex)*							6.7	6.9	No	
Percentage of students who described themselves as slightly or very overweight							39.7	36.2	No	
Percentage of students who were trying to lose weight							65.0	60.5	Yes	
Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days							74.5	67.6	Yes	
Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days							59.1	51.0	Yes	
Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days							18.8	17.8	No	
Percentage of students who took diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days							13.4	9.1	Yes	

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Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Females										
Weight Management and Dietary Behaviors										
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days							9.5	8.7	No	
Percentage of students who drank 100% fruit juices one or more times during the past seven days							78.7	75.6	No	
Percentage of students who ate fruit one or more times during the past seven days							89.4	87.1	No	
Percentage of students who ate green salad one or more times during the past seven days							74.1	69.0	No	
Percentage of students who ate potatoes one or more times during the past seven days							63.5	63.7	No	
Percentage of students who ate carrots one or more times during the past seven days							46.7	47.7	No	
Percentage of students who ate other vegetables one or more times during the past seven days							86.9	83.1	Yes	
Percentage of students who ate five or more servings per day of fruits and vegetables during the past seven days							19.0	14.0	Yes	

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Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Females										
Physical Activity										
Percentage of students who exercised or participated in physical activity that made them sweat and breathe hard for 20 minutes or more on three or more of the past seven days							57.1	56.8	No	
Percentage of students who participated in physical activity that did not make them sweat or breathe hard for 30 minutes or more on five or more of the past seven days							26.0	25.5	No	
Percentage of students who had not participated in at least 20 minutes of vigorous physical activity on three or more of the past seven days and had not participated in at least 30 minutes of moderate physical activity on five or more of the past seven days							36.6	37.5	No	
Percentage of students who had not participated in any vigorous or moderate physical activity during the past seven days							10.7	10.0	No	
Percentage of students who watched three or more hours per day of TV on an average school day							33.2	34.0	No	
Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school							30.3	35.1	No	
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school							17.5	20.4	No	

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	1991	1993	1995	1997	1999	2001	2003	2005		
Females										
Physical Activity										
Among students enrolled in physical education (PE) class, the percentage who actually exercised or played sports more than 20 minutes during an average PE class							87.9	80.8	No	
Percentage of students who played on one or more sports teams during the past 12 months							45.3	42.1	No	

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	1991	1993	1995	1997	1999	2001	2003	2005		
Males										
Injury and Violence										
Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet							88.2	88.6	No	
Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else							17.5	16.6	No	
Percentage of students who rode in a car or other vehicle driven by someone who had been drinking alcohol one or more times during the past 30 days							34.9	33.7	No	
Percentage of students who drove a car or other vehicle when they had been drinking alcohol one or more times during the past 30 days							17.8	14.2	No	
Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days							28.5	30.3	No	
Percentage of students who carried a gun on one or more of the past 30 days							8.2	11.0	No	
Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days							8.6	11.0	No	
Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school on one or more of the past 30 days							5.6	6.6	No	

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	1991	1993	1995	1997	1999	2001	2003	2005		
Males										
Injury and Violence										
Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months							13.3	14.4	No	
Percentage of students who had property, such as their car, clothing, or books stolen or deliberately damaged on school property one or more times during the past 12 months							32.4	31.4	No	
Percentage of students who were in a physical fight one or more times during the past 12 months							40.0	41.2	No	
Percentage of students who were in a physical fight on school property one or more times during the past 12 months							15.9	16.2	No	
Percentage of students who were hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months							8.8	10.0	No	
Percentage of students who have ever been physically forced to have sexual intercourse when they did not want to							4.5	7.7	Yes	
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months							21.6	24.9	Yes	
Percentage of students who seriously considered attempting suicide during the past 12 months							12.7	16.0	No	

2005 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arizona(Including Charter Schools) High School Survey Trend Analysis Report

Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Males										
Injury and Violence										
Percentage of students who made a plan about how they would attempt suicide during the past 12 months							10.1	12.7	No	
Percentage of students who actually attempted suicide one or more times during the past 12 months							5.0	9.2	Yes	
Percentage of students whose suicide attempt resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse during the past 12 months							1.7	2.9	No	

2005 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arizona(Including Charter Schools) High School Survey Trend Analysis Report

Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Males										
Tobacco Use										
Percentage of students who ever tried cigarette smoking, even one or two puffs							63.2	55.9	Yes	
Percentage of students who smoked a whole cigarette for the first time before age 13 years							21.2	18.6	No	
Percentage of students who smoked cigarettes on one or more of the past 30 days							22.6	21.6	No	
Percentage of students who smoked cigarettes on 20 or more of the past 30 days							9.4	8.0	No	
Among students who are current smokers, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days							10.0	15.2	No	
Among students who are less than 18 years of age and who are current smokers, the percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days							19.7	15.0	No	
Percentage of students who smoked cigarettes on school property on one or more of the past 30 days							7.6	4.8	No	
Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days							13.2	12.8	No	
Among students who are current smokers, the percentage who tried to quit smoking during the past 12 months							50.1	48.0	No	

2005 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arizona(Including Charter Schools) High School Survey

Trend Analysis Report

Question	Prevalence Survey Year									Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005			
Males											
Tobacco Use											

2005 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arizona(Including Charter Schools) High School Survey Trend Analysis Report

Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Males										
Alcohol and Other Drug Use										
Percentage of students who had their first drink of alcohol other than a few sips before age 13 years							34.6	29.6	Yes	
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days							52.0	46.0	No	
Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days							37.1	31.5	Yes	
Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days							9.6	8.9	No	
Percentage of students who used marijuana one or more times during their life							50.7	42.0	Yes	
Percentage of students who tried marijuana for the first time before age 13 years							16.2	14.5	No	
Percentage of students who used marijuana one or more times during the past 30 days							27.2	21.4	Yes	
Percentage of students who used marijuana on school property one or more times during the past 30 days							8.7	6.9	No	
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life							14.7	15.5	No	

2005 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arizona(Including Charter Schools) High School Survey Trend Analysis Report

Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Males										
Alcohol and Other Drug Use										
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during the past 30 days							6.8	7.5	No	
Percentage of students who used heroin one or more times during their life							4.1	5.4	No	
Percentage of students who used methamphetamines one or more times during their life							9.7	8.8	No	
Percentage of students who used ecstasy one or more times during their life							9.8	8.1	No	
Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life							5.5	6.5	No	
Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life							2.9	4.8	Yes	
Percentage of students who were offered, sold, or given an illegal drug on school property by someone during the past 12 months							31.7	40.0	Yes	

2005 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arizona(Including Charter Schools) High School Survey Trend Analysis Report

Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Males										
Sexual Behaviors										
Percentage of students who ever had sexual intercourse							47.8	42.9	No	
Percentage of students who had sexual intercourse for the first time before age 13 years							7.3	7.9	No	
Percentage of students who had sexual intercourse with four or more people during their life							14.4	16.5	No	
Percentage of students who had sexual intercourse with one or more people during the past three months							32.8	27.4	No	
Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse							34.2	32.6	No	
Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse							65.0	59.5	No	
Among students who had sexual intercourse during the past three months, the percentage who used birth control pills to prevent pregnancy before last sexual intercourse							12.8	12.5	No	
Percentage of students who had ever been taught in school about AIDS or HIV infection							81.5	79.1	No	

2005 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arizona(Including Charter Schools) High School Survey Trend Analysis Report

Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Males										
Weight Management and Dietary Behaviors										
Percentage of students who were at risk for becoming overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)*							13.8	15.4	No	
Percentage of students who were overweight (i.e., at or above the 95th percentile for body mass index, by age and sex)*							15.9	16.5	No	
Percentage of students who described themselves as slightly or very overweight							23.8	27.9	Yes	
Percentage of students who were trying to lose weight							30.1	31.6	No	
Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days							49.7	53.8	No	
Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days							26.9	27.5	No	
Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days							6.8	11.2	Yes	
Percentage of students who took diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days							6.8	6.7	No	

2005 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arizona(Including Charter Schools) High School Survey Trend Analysis Report

Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Males										
Weight Management and Dietary Behaviors										
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days							2.3	4.5	Yes	
Percentage of students who drank 100% fruit juices one or more times during the past seven days							81.8	74.5	Yes	
Percentage of students who ate fruit one or more times during the past seven days							85.0	81.3	Yes	
Percentage of students who ate green salad one or more times during the past seven days							67.2	57.9	Yes	
Percentage of students who ate potatoes one or more times during the past seven days							71.4	65.8	Yes	
Percentage of students who ate carrots one or more times during the past seven days							51.2	48.2	No	
Percentage of students who ate other vegetables one or more times during the past seven days							79.9	77.0	Yes	
Percentage of students who ate five or more servings per day of fruits and vegetables during the past seven days							22.9	16.4	Yes	

2005 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arizona(Including Charter Schools) High School Survey Trend Analysis Report

Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Males										
Physical Activity										
Percentage of students who exercised or participated in physical activity that made them sweat and breathe hard for 20 minutes or more on three or more of the past seven days							73.6	68.1	Yes	
Percentage of students who participated in physical activity that did not make them sweat or breathe hard for 30 minutes or more on five or more of the past seven days							31.0	30.6	No	
Percentage of students who had not participated in at least 20 minutes of vigorous physical activity on three or more of the past seven days and had not participated in at least 30 minutes of moderate physical activity on five or more of the past seven days							22.1	28.6	Yes	
Percentage of students who had not participated in any vigorous or moderate physical activity during the past seven days							6.5	7.5	No	
Percentage of students who watched three or more hours per day of TV on an average school day							40.7	31.7	Yes	
Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school							43.0	50.6	No	
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school							27.1	31.9	No	

2005 YOUTH RISK BEHAVIOR SURVEY RESULTS

Arizona(Including Charter Schools) High School Survey Trend Analysis Report

Question	Prevalence Survey Year								Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005		
Males										
Physical Activity										
Among students enrolled in physical education (PE) class, the percentage who actually exercised or played sports more than 20 minutes during an average PE class							88.7	87.0	No	
Percentage of students who played on one or more sports teams during the past 12 months							54.4	52.2	No	